



OFFICE OF THE
Internal Quality Assurance Cell (IQAC)
GOSSAIGAON B.ED. COLLEGE

NAAC Accredited with grade B

Recognized under section 2(f) & 12B of the UGC Act, 1956

Recognized by NCTE and Affiliated to Bodoland University/SCERT, Assam

Nepalpara (Habrubil), Gossaigaon, Kokrajhar, BTR, Assam - 783360

Estd. 1995

Chairperson

Dr. Ajit Boro
Principal

Co-Ordinator

Dr. Alangbar Swargiary
Lecturer

Ref. No..... Seminar on

Date: ...14/8/2025

"Stress Management through spirituality"

Organized by Internal Quality Assurance Cell (IQAC)

Gossaigaon B.Ed. College

Date: 14th August 2025

Venue: Multipurpose Hall, Gossaigaon B.Ed. College

Internal Quality Assurance Cell (IQAC), Gossaigaon B.Ed. College has organized a seminar on "Stress Management through Spirituality" and memorandum of understanding handover ceremony today. The program was started with lighting of the lamp by guests and faculty members of Gossaigaon B.Ed. College at 10:15 am. The invited guests were introduced by Dr. Alangbar Swargiary, coordinator, IQAC, Gossaigaon B.Ed. College. After introduction of the guest, welcome addressed was given by Dr. Ajit Boro, principal, Gossaigaon B.Ed. College and keynote address is given by Dr. Alangbar Swargiary, coordinator, IQAC, Gossaigaon B.Ed. College. After keynote address, Dr. Ajit Boro, the Principal and Mrs. Janet Chapar, Vice-Principal of Gossaigaon B.Ed. College had handover the MoU to the B.K. Ranu Behenji, centre in charge, Brahma kumaris, Kokrajhar in presence of B.K. Aradhana Behenji, centre in charge, Brahma kumaris, Gossaigaon. Then B.K. Ranu Behenji, centre in charge, Brahma kumaris, Kokrajhar has spoken on "Stress Management through Spirituality" as invited resource person of the program. The program was meaningful and significant, all the faculty members and trainees of B.Ed, D.El.Ed. and also students of B.A. were participated actively.

14/8/25

Coordinator
IQAC
Gossaigaon B.Ed. College

14/8/25
Principal
Gossaigaon B.Ed. College

Date..... Contact No. 8812896306 (Co-Ordinator) 86380 77413 (Chairperson)

Website: <https://gossaigaonbedcollege.org>

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In the last, vote of thanks was given by Mrs. Janet Chapar, Vice-Principal, Gossaigaon B.Ed. College. The program was ended with a photo session of all the participants.

Previews of the Seminar



AP
14/8/25
Coordinator
IQAC
Gossaigaon B.Ed. College
Date.....

Alangbar Swargiary
14/8/25
Principal
Gossaigaon B.Ed. College
Gossaigaon

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 Dr. Alangbar Swargiary
 Lecturer

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